



Position Title: Strength and Conditioning Coach
Reports To: Athletic Director
Department: Office of President/Athletic
Classification: Full-time, Salary Exempt, 12-months, Benefits Eligible

POSITION OVERVIEW

The Strength and Conditioning Coach will facilitate the strength and conditioning training for student athletes.

DUTIES AND RESPONSIBILITIES

- To promote the philosophy and objectives of the intercollegiate athletic program, to include adhering to all department, institution, NCAA and SIAC policies
- Provide expert instruction in the use of weight machines and conditioning equipment and be able to tailor different programs based on the needs of the teams or individual athletes
- Assist with the scouting and recruitment of student-athletes; this includes assisting with on-campus visits of prospective student-athletes
- Manage operation of the Fitness and Wellness center (Weight Room)
- Coordinate training and rehab schedules with the certified athletics trainer and specific sport coaches
- Assist in coaching the student-athletes, as assigned; this includes evaluating their performance in practice and competition
- Monitor the condition and training of student-athletes in conjunction with the training staff
- Attend coaches 'preparatory meetings and implement strategies resulting from these meetings
- Advise and counsel student-athletes regarding their obligations to comply with all rules and regulations related to financial aid and eligibility, as well as personal conduct and appearance
- Assist in monitoring the academic progress and eligibility status of student-athletes, to include both class and study table attendance and status of course work missed on road trips
- Interface with officials, as requested
- Work under the supervision of a licensed physician, and in cooperation with other health care providers to include discussing specific injuries and treatment options and/or performing evaluations and treatments as directed by a physician
- Abide by and comply with all NCAA rules and regulations governing coaching athletic programs, and/or all activities associated with athletic programs in general at the College
- Maintain a minimum of 15 to 20 office hours per week, excluding practice, competition and travel from September 20 – June 30
- Perform other duties and assist with special projects as assigned by the Head Coach or the Athletic Director

MINIMUM QUALIFICATIONS

- Bachelor's degree required, along with current relevant certification
- Knowledge of first aid procedures
- 1 – 2 years' experience in a related capacity or an equivalent combination of education and experience

KNOWLEDGE, SKILLS, AND ABILITIES

- Knowledge of NCAA rules and regulations
- Strong motivational ability
- Ability to interact positively with student athletics and colleagues
- Effective oral and written communication skills

WORKING CONDITIONS/PHYSICAL DEMANDS

While performing the duties of this job, the employee is regularly required to sit, stand, use hands to handle, or feel to talk and to hear. The employee, frequently, is required to walk, reach with hands and arms to stoop, kneel, or crouch. The employee must occasionally lift and/or move up to 50 lbs. Specific vision abilities required by this job include close vision.

Qualified applicants should submit the following information in one (1) pdf document via email to: jobs@loc.edu. Please put the job title in the subject line

- Cover Letter and Resume/ unofficial transcript of highest educational level completed
- 3 references including contact information

Incomplete applications will not be considered. The final candidate who is extended an offer must successfully complete reference and background checks.

LeMoyne-Owen College offers an attractive benefits package, including health, vision, and dental benefits. The College pays for Life Insurance, STD/LTD, and paid time off.

LeMoyne-Owen College is an AA/EEO employer and does not discriminate against students, employees, or applicants for admission or employment on the basis of race, color, religion, creed, national origin, sex, sexual orientation, gender identity/expression, disability, age, status as a protected veteran, genetic information, or any other legally protected class with respect to all employment, programs and activities.

No Solicitations or Phone Calls Please